## **Community Capacity Building & Engagement**

Description of the hexagon and its outcomes

In these challenging times with reducing budgets available to public services and greater demands and expectations on our services, it is vital that we build and strengthen our relationships with our communities. They need to help us to understand what works best for them, to be at the forefront of service design and to help us to reduce demand, and prevent more costly interventions arising in the future. This theme forms part of the overarching strategic themes that all our communities are thriving, growing, healthy, active and self-sufficient.

	April - June 2017	July - September 2017	October - December 2017	
Main Achievements	1. Pub is The Hub event took place on March 17,	1. Working in partnership with Suffolk Sport, 3		
	22 delegates attended.	new Fit Village projects have been established		
	2. To mark the 80th anniversary of Arthur	this quarter, two in Bildeston (Badminton and		
	Ransome writing "We didn't mean to go to sea"	Keep fit) and one in Nayland (strength and		
	and the 50th anniversary of his death, a	balance class) bringing the total number of Fit		
	comprehensive programme of events has been	Villages projects running in the Babergh area to		
	organised these commenced in April and will	21.		
	run through to the end of the year and include	2. As part of the Connect health, care and		
	publicity and tourism material, interpretation	communities integration work, our sheltered		
	boards, new walking trails and walking festivals	housing scheme managers have been supported		
	and the composition and performance of Sea	to undertake My Care Wishes (MCW) training.		
	Shanties by local school children. to date the	The MCW programme is recognised across the		
	publicity has been fantastic and the	NHS family in Suffolk and replaces the previous		
	participation and feedback very positive.	"yellow folder" arrangements, it is all about		
	3. The 10th Suffolk Walking Festival – the team	ensuring that residents care choices in later life		
	actively supported 10 of the 39 walks that took	are known and understood by all the		
	place in Babergh and Mid Suffolk (27 in	professionals, volunteers and family members		
	Babergh; 12 in Mid Suffolk). In total there were	supporting them.		
	over 100 walks in the 3 weeks across Suffolk.	3. We are working with our partners at SCC and		
	4. GP exercise on referral schemes – we are	the Clinical Commissioning Group to develop an		
	currently undertaking a review of the Babergh	innovative mobile social prescribing scheme		
	funded schemes with a view to maximising the	covering the Shotley Peninsula and Holbrook		
	impact for residents. This is likely to mean	area. It is envisaged that the scheme will		
	improving the referral pathways from different	provide a range of non-clinical		
	healthcare settings as well as the number of	interventions through a GP referral process and		
	locations and capacity to support higher need	be operational from November 2017		
	"red" referrals.			

January - March 2018

Main Achievements Cont.	5. Dementia – Funding has been secured for a 4. Portfolio holders briefing 20Sept raised									
	new community post in Hadleigh; essentially a awareness of the volunteering strand and									
	co-ordinator to take on the Memory Club at the confirmed performance measures									
	Ansell centre – this will be 5 hrs per week plus 5. Key member of the Suffolk Volunteering									
	another post is being scoped for a dementia co- Strategy Group attending June meeting and									
	ordinator to help with getting businesses setting the approach for the future Group									
	engaged. A number of other communities are reports to Health & Wellbeing Board									
	being actively supported by the team to 6. Planning forthcoming Town and Parish									
	establish Dementia Action Alliances in their area meetings to take place during November to									
	including Eye and Needham Market. reflect our commitment to providing the									
	6. Connect programme – The team are focussed opportunity for our Towns and Parishes to have									
	on ensuring effective locality working information & knowledge on current and topical									
	arrangements are in place across all of the issues.									
	Connect localities in our districts (Sudbury, 7. Continuing success with utilising strategic									
	South Rural, Stowmarket, Eye and Northwest funders financial support for our communities,									
	Suffolk and Bury Rural) with the aim that our including BIG Lottery Awards for All monies									
	housing and community services become an supporting Rickinghall Village Hall and Rural									
	integral part of the Integrated Neighbourhood Reels. Also Power to Change Shares Booster									
	Teams leading to more joined-up services for Fund supporting Shotley Pier.									
	residents. We are currently working with our									
	South Rural INT partners to develop an									
	innovative mobile social prescribing scheme in									
	Shotley and Holbrook.									
mpact on communities / the way	ve Building community capacity, enabling external funding, effective partnership working to support the voluntary and community sector, enabli	ing healt								
vork	communities and promoting and encouraging volunteering. We have a statutory responsibility within the Communities Team to undertake a	-								
	including the 3 yearly Audit for the Section 11 & annual returns, to ensure the safety of our communities.									

# JSP: Community volunteers are skilled and able

Tracking Indicator	Linked to	Annual Data	Total	Target	Trend	Council	Report on Progress	Additi
T1. % of volunteering by our staff and members (based upon those responding to an annual survey (Autumn 2016). Survey to be repeated, date tbc. Responsible Officer: Zoey Banthorpe Corporate Manager: Sue Clements	11,12	2016/17 2017/18	53%	65%		Both	A follow up survey will be carried out in Autumn 2017	Volunteeri is directly wellbeing The launc website is understan county and our district then map directly to
Tracking Indicator	Linked to	Data	Data	Target	Trend	Council	Report on Progress	Addit
T2. The number of volunteers and volunteer hours utilised by revenue funded organisations (annual figures) Responsible Officer: Gillian Hilder	11,12 2016/17 2017/18	Volunteers 853	Hours 97,544	870	1000	BDC		

hier, more active and safer <sup>-</sup> duties in the Community Safety arena,

## litional comments/ comparisons

ering is vital to our communities and ly linked to improved health & ng and engaging employers is key. nch of the new Volunteer Suffolk is enabling us to have a much better anding of volunteering across our and the numbers and activity across ricts in comparison to others. We can ap the 'gaps' and relate our activity to meet these needs. ditional comments/ comparisons

Corporate Manager: Sue Clements					0 2016/17 2017/18			
Tracking Indicator	Linked to	Data	Data	Target	Trend	Council	Report on Progress	Addi
<ul> <li>T3. Nos of volunteering vacancies advertised and taken up in the districts as on the Volunteer Suffolk website.</li> <li>NEW MEASURE</li> <li>Responsible Officer: Zoey Banthorpe</li> <li>Corporate Manager: Sue Clements</li> </ul>	l1,l2 <b>2017/18</b> Qtr.2 Qtr.4	Opportunities advertised 158	Volunteers registered 81	200		Both		Last Upda Since Spri website ca vacancies districts.
Influencing Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Addit
<ul> <li>I1. No. of Volunteering Information Drop in sessions held</li> <li>Responsible Officer: Zoey Banthorpe</li> <li>Corporate Manager: Sue Clements</li> </ul>	T1,T2,T3	2016/17 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4 2017/18 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4	0 0 2 0 0 0	2 2		Both	Two Funding & Volunteering Fairs scheduled for 25Oct17 and Feb18 to promote volunteering opportunities in our districts	These pul
Influencing Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Addit
<ul> <li>I2.No. of Case Study Stories in Working</li> <li>Together (reflecting the current</li> <li>investment being made by staff and</li> <li>Councillors volunteering across Suffolk</li> <li>Responsible Officer: Zoey Banthorpe</li> <li>Corporate Manager: Sue Clements</li> </ul>	T1,T2,T3	2016/17 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4 2017/18 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4	3 4 6 6 1 0		7 6 5 4 3 2 1 0 2016/17 2017/18	Both	We are developing mechanisms for encouraging and enabling volunteering and mapping gaps in the range of people directly volunteering in our communities.	This is a ne over the n picture of Mid Suffo neighbour
	JS	<u>.</u>	nued su	oport for	Health & Well Being outco	omes th	at prevent interventions	

Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Addit
T1. Adult Sport and Physical Activity Levels	11	11/15 - 11/16	24.2		30		Last Update 10/17	Last Upda
measured in moderate intensity equivalent		05/16 - 05/17	20.1				These indicators are taken from the new	Suffolk fig
(MIE) minutes: % of INACTIVE adults (less		05/17 - 05/18			25		Active Lives Survey (Sport England) and	England fi
than 30 minutes per week)							provide a key benchmark for comparing	A lower pe

litional comments/ comparisons
date 10/17 ring 2017 the new Volunteer Suffolk can provide data on the number of es advertised and taken up in the
litional comments/ comparisons
ublic events focus on funding and ering for all communities
litional comments/ comparisons
new and emerging area of work and e next 12 months we will build a of volunteering across Babergh and folk and compare this with uring district and borough partners.
ditional comments/ comparisons
date 10/17 Figure is 25.6% figure is 25.6% percentage is better

Responsible Officer: Jon Seed Corporate Manager: Jon Seed					$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	BDC	activity levels across Local Authority areas in England. Next data release will be in March 2018. These outturns are baselines and so it is not possible to identify reliable trends until March 2018. However, the most recent Babergh figure is significantly lower than the Suffolk and England average, which suggests fewer people are inactive in Babergh (1 in 5 vs. 1 in 4)	
Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Addit
<ul> <li>T2. Adult Sport and Physical Activity Levels measured in moderate intensity equivalent (MIE) minutes: % of ACTIVE adults (more than 150 minutes per week)</li> <li>Responsible Officer: Jon Seed Corporate Manager: Jon Seed</li> </ul>	11,12	11/15 - 11/16 05/16 - 05/17 05/17 - 05/18	60.5		80 60 40 20 0 11/15 - 05/16 - 05/17 - 11/16 05/17 05/18	BDC	Last Update 10/17. The most recent Babergh figure is in line with the England average and slightly higher than the Suffolk figure.	Last Upda Suffolk fig England fi A higher p
Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Addit
<ul> <li>T3. % of Adults (aged 16+) who have taken part in sport and physical activity in the last 28 days</li> <li>Responsible Officer: Jon Seed Corporate Manager: Jon Seed Tracking Indicator</li> <li>T4.Life satisfaction indicator [Question: Overall, how satisfied are you with your life nowadays? Where 0 is 'not at all satisfied' and 10 is 'completely satisfied']</li> <li>Responsible Officer: Jon Seed Corporate Manager: Jon Seed</li> </ul>		11/15 - 11/16 05/16 - 05/17 05/17 - 05/18 2015/16 2016/17 2017/18	85.2 Total 7.63 7.79	Target	100 50 0 11/15 - 05/16 - 05/17 - 11/16 05/17 05/18	BDC Council BDC	Last Update 10/17 The most recent Babergh figure is significantly higher than the Suffolk and England average, which suggests more people are taking part in sport and physical in Babergh Report on Progress Last Update 10/17 These indicators are derived from the headline estimates of personal well-being from the Annual Population Survey (APS): by counties, local and unitary authorities, April 2016 to March 2017. This data was published by ONS on 26 September 2017. Given the confidence intervals both Babergh (and Mid Suffolk) are not statistically different when compared to the rest of Suffolk and England on any of these measures.	A higher n
Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Addit
T5.Happiness Indicator [Question: Overall, how happy did you feel yesterday? Where 0 is 'not at all happy' and 10 is 'completely happy'] Responsible Officer: Jon Seed		2015/16 2016/17 2017/18	7.37 7.58		8 6 4 2 0 2015/16 2016/17 2017/18	BDC	As above	Last Upda Suffolk fig East of En England fi A higher n
Corporate Manager: Jon Seed								
	Linked to	Data 2015/16	<b>Total</b> 3.07	Target	Trend	Council	Report on Progress As above	Addit Last Upda

#### litional comments/ comparisons

**date 10/17** figure is 58.0% I figure is 60.6% r percentage is better

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## ditional comments/ comparisons

**date 10/17** figure is 78.6% I figure is 77.2% r percentage is better

## ditional comments/ comparisons

## date 10/17

figure is 7.87 England figure is 7.74 England figure ut of 10) r number out of 10 is better

## ditional comments/ comparisons

#### date 10/17

figure is 7.82 England figure is 7.58 I figure is 7.51 (out of 10) r number out of 10 is better

## litional comments/ comparisons

date 10/17 figure is 2.76

feel yesterday? Where 0 is 'not at all anxious' and 10 is 'completely anxious'] Responsible Officer: Jon Seed		2017/18			2 1 0 2015/16 2016/17 2017/18	BDC		East of En England fi A lower nu
Corporate Manager: Jon Seed Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Addit
T7. Total number of new referrals to the GP exercise on referrals schemes (including breakdown by location) NEW MEASURE Sudbury Hadleigh Gt Cornard East Bergholt Peninsula Responsible Officer: Jon Seed Corporate Manager: Jon Seed		<b>2016/17</b> Qtr.2 23 8 14 0 0	2017/18 Qtr.2 19 6 32 12 2		35 30 25 20 15 10 5 0 5 0 5 0 5 0 10 5 0 5 0 5 0 5 0 5 0 10 10 10 10 10 10 10 10 10	BDC	Last Update 10/17 The latest data shows that the number of new referrals has increased compared to Qtr. 2 last year. The schemes which are funded by BDC's Health and Wellbeing team are now offered in more locations across the district making them more accessible. The majority of referrals come from GPs and Physiotherapists with a smaller number coming from other settings	<b>Last Upda</b> We are cu Health tea providers these sche
Corporate Manager: Jon Seed	Linked to	Data	Data	Target	Trend	Council	Report on Progress	Addit
<ul> <li>I1.No. of new Fit Villages projects</li> <li>established in the Babergh area</li> <li>Responsible Officer: Jon Seed</li> <li>Corporate Manager: Jon Seed</li> </ul>	Т2,Т3	<b>2016/17</b> <b>annual</b> <b>2017/18</b> Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4	18 3 3			BDC	Last Update 10/17 3 new projects established this quarter, two in Bildeston (Badminton and Keep fit) and one in Nayland (strength and balance class). This brings the total number of FV projects running in Babergh to 21.	Last Upda Fit Villages its work w awarded t Developm County Sp Conventio currently a programm the distric beyond th
Influencing Indicator	Linked to	Data	Data	Target	Trend	Council	Report on Progress	Addit
<ul> <li>I2. Great Cornard parkrun: number of runners per quarter</li> <li>Responsible Officer: Jon Seed</li> <li>Corporate Manager: Jon Seed</li> </ul>	Т2,Т3	2016/17 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4 2017/18 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4	589 1015 1123 1571 1826 1641		2000 1500 1000 500 0 2016/17 2017/18	BDC	Update 10/17 The number of runners continues to increase year on year at this popular weekly volunteer-led event. Latest data shows a 62% increase in participation between Quarter 2 this year and the same period last year. Participation peaked in Quarter 1.	The avera (cumulativ date was 1 participati
		JSP:	Targete	d grants	and funding to support Co	mmunit	y capacity building	
Tracking Indicator	Linked to	Data	Total	Target	Trend	Courseil	Report on Progress	Addit
T1.Capital funds provided by the districts to the voluntary and community sector as a % of their overall income (annual)	linked to	Data 2017/18 Qtr. 1 Qtr. 2	Total 21% tbc	Target	Trena	Council	Report on Progress	2016/17 Grants: £9 Total Proje

England figure is 2.85 figure is 2.91 (out of 10) number out of 10 is better"

#### litional comments/ comparisons

#### date 10/17

currently working with SCC's Public eam and our GP exercise on referral rs to develop a Quality Standard for chemes.

## litional comments/ comparisons

#### late 10/17

ges has been nationally recognised for within the community after being d the Social & Community ment Project of the Year at The Sports Partnership Network (CSPN) tion. The number of active projects is y at its highest level since the nme began. (85% of projects across ricts are sustainable and continue the 8 weeks of funding)

#### litional comments/ comparisons

rage number of runners per week tive) is 97. The highest attendance to s 181. The average number of ations (runs per runner) is 7.6.

#### litional comments/ comparisons

Grants: £93,970 Total Project Value: £1,040,624

Responsible Officer: Gillian Hilder		Qtr. 3				вис		Equates t
Corporate Manager: Sue Clements		Qtr. 4						
Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Addi
T2.Awards for All funding (£200-£10,000)	11,12	2017/18		200k				Awards for
awarded to Babergh and Mid Suffolk				(£100k per				fund suit
organisations (annual)				district)				
Responsible Officer: Chris Knock						Both		
Corporate Manager: Sue Clements								
Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Add
T3.Delivery of safeguarding training to all	LIIIKCU (U	2016/17	Total	Target		Council	Safeguarding Training to all Staff and	Also deliv
Staff and Councillors, Nos of attendees.		Qtr. 1	0		200		Councillors across both Councils to ensure	
		Qtr. 2	16		150		the safety and support the vulnerability of	
		Qtr. 3	6				our communities. Ongoing activity for all	should do
Responsible Officer: Melanie Yolland		Qtr. 4	97		100	Dath	staff and councillors including renewals	showing
Corporate Manager: Sue Clements		2017/18				Both	and new starters	
		Qtr. 1	153		50			
		Qtr. 2	25					
		Qtr. 3			2016/17 2017/18			
		Qtr. 4						
Influencing Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Add
11. Number of Funding Events undertaken	T1,T2	2016/17	1	2	3.5		In April 17 we held a Funding Fair in	These typ
by the Communities Team		Qtr. 1	1		3		Metfield reaching 34 delegates	funders a
		Qtr. 2	0		2.5		Future events planned : Two Funding and	commun
Responsible Officer: Chris Knock		Qtr. 3 Qtr. 4	2		2 target		Volunteering Henley and Stowmarket (Oct	
Corporate Manager: Sue Clements		<b>2017/18</b>	J	2	1.5	Both	and Feb'18 respectively)	HELWOIKI
corporate manager. Sue clements		Qtr. 1	1	2	1			
		Qtr. 2	0		0.5		Figures shown cumulative	
		Qtr. 3	-		0 2016/17 2017/18			
		Qtr. 4						
Influencing Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Add
I2. Number of assets of community value	T1,T2	2016/17		no target as			This is time intensive work within the	This duty
as part of our statutory duty in respect of		annual	6	a reactive			Communities Team and is a reactive	Legislatio
community rights				response to community			process to the needs and aspirations of	commun
		2017/18		need			our communities across Babergh. Eg, the	process o
Responsible Officer: Stephanie Osborne		bi-annual	2			BDC	ACV Listings for Babergh from April 16 to	value. Th
Corporate Manager: Sue Clements		Q2	3				March 17 were 6 and we are still working	Officer w
		Q4					closely with those 6 to move towards	working
							successful purchase.	Services <sup>-</sup>

#### to 9% of total project cost

#### ditional comments/ comparisons

for All' is a Big Lottery administered itable for many community projects.

#### ditional comments/ comparisons

livered 3 Prevent Training sessions for nbers of staff. This training raises ness of radicalisation and what staff do if they suspect someone is g extreme behaviours.

#### ditional comments/ comparisons

ype of Events are vital for bringing key s and stakeholders into our inities to promote awareness of al opportunities and enable king across our voluntary sector.

#### ditional comments/ comparisons

ty is part of the Community Rights cion from Government to enable unities to have powers to undertake a s of securing assets of community This work is undertaken by a specialist within the Communities Team g closely with our Shared Legal s Team